

Moosehaven News

Heart of the Community

Moosehaven, Heart of Community

Moosehaven is a community within the community. We are proud members of Orange Park and all of Clay County. Moosehaven's Heart of the Community program exemplifies the Moose commitment to communities and families by providing a variety of family friendly, child safe and affordable programs, including the Annual Easter Egg Hunt, Halloween Trick or Treat and Chili Cook Off. These programs bring thousands of children and families to the campus each year. The American Pride 4th of July celebration offers a full day of entertainment, amusements, art and crafts and of course fireworks to crowds that have exceeded 20,000 visitors.

The Heart of the Community program is offered thanks to the generosity of the men and women of the Loyal Order of Moose and the staff at Moosehaven who donate their time and energy to make these events possible. These events also serve to raise community awareness of Moosehaven and Moose International.

We just hosted our Annual Easter Celebration beginning with the Heart of the Community Easter Egg Hunt held on Saturday, when we opened our gates for a traditional Easter Egg Hunt. We had 20,000 eggs filled with candy and toys and close to 3,000 people were in attendance.

We offered clowns, face painting, pony rides, a petting zoo, bounce houses and a train for children and parents to ride! We served cotton candy, snow cones, popcorn, pink lemonade and more.

Our residents enjoy volunteering at this event and seeing all of the children in their Easter outfits and basket of eggs! Make sure to visit the Moosehaven Facebook page to see all the wonderful pictures!

After a fun-filled Saturday, we start bright and early on Easter morning with a community Sunrise service as the sun rise over the beautiful St. John's River. Many locals have made this an annual tradition.

Wishing you and yours a joyous Easter and may the hope of the resurrection be renewed in you today. May the eternal promise of Easter live in your heart each and every day.

Simply Helen



**Volume 11, Issue 4
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**Newsletter Editor:
Marina Mathews**

What's Happening?

- Dinner and Dancing @ Crescent City Lodge
- FBMA Mid-Year
- The Last Supper Re-enactment
- Children's Piano Recital
- Golf @ Bent Creek
- Veteran's Social
- 10th Annual Easter Egg Hunt
- Sunrise Easter Service
- Dinner @ Lakeshore Lodge
- Spring Fling!
- Michigan Deck Dinner
- District Sports & Meeting at Lake City Lodge
- Fried Chicken Dinner at Lakeshore Lodge
- Sadie Hawkins Dance
- Dinner and Dancing at Mandarin Lodge

**To visit Moosehaven and
schedule a tour,
please contact
(904) 278-1200
or visit
www.moosehaven.org.**



Just John

OK, I admit it; I like to watch reruns of the Andy Griffith show. Yes, I've seen many, if not most, of the episodes 3 or more times but that doesn't stop me from watching it with some anticipation - perhaps the Darlings will be on tonight! And occasionally, there's an episode that either I haven't seen, or it's been so long ago that I've forgotten. Those are like finding little TV treasures - Lord knows there's darn few of those today.

For those of you who sometimes catch an episode and, of course, those who watch it more regularly; you know that Aunt Bea, Opie, Andy and Barney, along with the rest of the cast portray small town America. I'm Opie's age so what it was like when I was growing up.

I remember when it was a big deal to go "uptown" on Friday evening - no Walmart. Stores were open until 9:00 and during the warmer months just about everyone was there shopping or walking around. We usually didn't buy much of anything. Frankly we didn't have that kind of money to go on shopping sprees unless there was a sidewalk sale going on. But, we visited with friends, maybe bought some candy or popped a balloon at the Five and Dime hoping for that slip inside would get us a free soda or sundae and generally just having a good time.

I also remember when we knew our neighbors names. Some of them were almost part of the family. Uncle Bill and Aunt Mary weren't really related to us. They were Uncle Bill and Aunt May simply because they lived across the road - it was a gravel road. We had a party line and Aunt Mary used to burn it up for hours - she was like Aunt Bea in that respect. Her gabbing on the phone really didn't bother me much until I wanted to call a friend and had to wait for hours just to get on. She never seemed to take the hint no matter how many times I picked up the phone and then just as I was hanging up said, "She's STILL on the line!" I had to be very careful about what I said to my friends when I did finally get to call because Aunt Mary loved to listen in.

We didn't have a big front porch like Andy and friends sometimes sit on in the show, but we did have the biggest back yard in the neighborhood. On summer evenings, friends would come over and we'd hang out, playing tag, telling jokes or just talking.

We didn't have TV until I was 6 or 7 and then we only got 2 fuzzy channels, finally 3 about the time I started high school. We had to make our own fun. During the summer, fun centered around baseball, swimming and fishing. Fall was for football and basketball. Rainy days were perfect for cheater's monopoly - no girls allowed. It got dark early during the winter, and cold. So, it was usually homework, some fuzzy TV and to bed.

Speaking of baseball, during the summer, we played from morning to noon, then on our bicycles to the community pool for a swim - it only cost a quarter. We could usually get another hour of baseball in after supper before it got too dark. We had a great ball field - even had a backstop. It was built by the firemen right next to the volunteer fire station. The firemen would umpire, coach a little and watch us play. We knew them all by first name and they were just as likely to give us a whack when we got out of line as our parents were. We knew better than to go crying to mom or dad, because they'd just give us another whack for getting in trouble there.

No one locked their doors back then and everyone's parent was everyone's parent. Yep, just like the firemen, if we needed a whack, we got it no matter where we were. It probably sounds like I experienced a few. The world was a different place back then. Today, we have 100+ channels on TV, iPods and iPhones, texting, twitter, video games. Was it better then or now? I don't know but somehow it seemed more pleasant, less threatening. One thing I do know, however, a cell phone would have solved my party line woes.

Oh well, enough reminiscing about the "good ole days."

I'm...

Just John



Join us at Moosehaven for an
Independence Day
Celebration!

Live Music Concessions Arts & Crafts Vendors
FIREWORKS!

Admission To Event Is Free!

July 4th 2:00 - 10:00pm

**Charter Bus from
International Moose Convention**

One Way \$30

Round Trip \$40

Moose VIP Experience Available!

\$25 Advanced Ticket Purchase

Snacks Throughout The Day

Beer, Soda & Water All Day

Evening Meal

*To Purchase Bus and VIP Experience Contact
(904) 278-1210 or sluke@moosehaven.org*

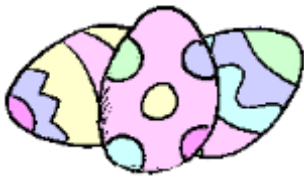
Limited Time Offer on Moose VIP and Bus Availability!

No Pets
No Coolers

Happy Easter!



Mr. & Mrs. Easter Bunny take time for photos!



Staff Birthdays

Juselienne JeanBaptiste
Caleb Silcox
Brittani Rumpff
Ellen Huff
Charles Scrivens
Judith Emami
Mitsou Lafortune
Darlene Frazier
Sandra Gravatt
Ashley Hendricks
Shanteria Ross
Sue Lebarre
Nettie Radford



An Old Irish Poem...

It was a year ago, September
A day I well remember
I was walking up and down
In drunken pride,
When my knees began to flutter
And I fell down in the gutter
And a pig came by and lay down by my side.
As I lay there in the gutter
Thinking thoughts I could not utter
I thought I heard a passing lady say,
"You can tell a man who boozes
by the company he chooses."
And with that the pig got up and walked away.

Moose Life Traditional Admissions Program

The past year has brought many changes in my personal life. Change is hard. It tries our faith, our patience and many times, we resist it. It often brings with it fear of an uncertain future. My story is not unique and while it is not a tragedy, it has certainly been a painful process.

I recently rented a home and for the first time in my life, I live alone....well, I did live alone until my daughter, Connor, moved in. She is in college and decided to commute for her last few classes. My freedom was short-lived...LOL. My roommate and I like to travel, love to read, go to the beach, watch movies and are Netflix junkies. This past weekend we went to the beach and she invited her best friend, Ali, to go with us. As I was lying there, soaking up the sun, I heard Ali ask Connor, "What is the Moose?"

I sat there and listened to a marketing speech given by my daughter that would make any marketer proud. At 20 years old, **she gets it**. She gets the message we travel throughout the fraternity trying to tell through our Marketing on the Move program. She explained how most Americans would outlive their income and may end up in a sub-par assisted living or nursing home. She explained that Moosehaven is one of the best benefits for being a Moose member. She detailed our mission, including Mooseheart and our Heart of the Community events. She did a fantastic job of talking about how blessed our residents are because they have no worries and have such great campus amenities, activities and healthcare. She went on to explain that the Moose membership is the best insurance policy you can own and is a major step in securing your future...which could be retirement to Moosehaven. **She gets it.**

Wow. I was impressed. Ali now wants to tell her mom and dad and her sister and her husband about the Moose and Moosehaven. These two 20 year olds, who aren't quite old enough to join our fraternity, are more passionate about the Moose and all of the good works we do than many long-time Moose members I speak with on my travels. This is what our fraternity needs, members who absolutely, without qualification, believe in what we do, what we represent and who we are. We are Moose! One of the most long-standing fraternal organizations in the world. We should be proud, we should be passionate and we should be talking to every single person we meet, friends and acquaintances, about this great fraternity. Excitement causes more excitement. When you express your passion for the Moose, you don't have to ask them if they want to join, they will ask YOU how they can join. Be excited, be passionate, be a sponsor.

I came across some notes I had written in my Bible from a sermon a long time ago. Little did I realize those many years ago, how profound and meaningful those notes would become. *"As we grow older and face life experiences, we should expect change. Change doesn't have to be feared, after all, 'The Good Old Days' really weren't all that good were they? Fear brings out our stubbornness and short-sightedness. Fear of the unknown can destroy God's plans for our future, a future brighter than we can imagine. The things we face and conquer in life are for His Glory and Our Growth. We grow and our faith gets stronger as we face the unknown enemy, we conquer our fears and we offer the Glory to Our Father."*

Don't fear your future, it is indeed bright! Moosehaven is a future that can alleviate all of your worries, your doubts, your stress and your fear. Don't fear change, face it with peace! You have served this fraternity well and perhaps it's time for you to reap your rewards; Moosehaven is that reward. I invite each of you to come for a visit, learn what we do and what we offer at Moosehaven. Come for a visit, stay for a lifetime. Please visit our new website, www.moosehaven.org, to learn more or schedule a visit and personal tour.

Please join me in welcoming our newest March arrivals to Moosehaven under the Moose Life Traditional Admissions Program. Rodney Krug from Greenfield, MA #997 and William Glassman from Marathon FL #1058.. Please take a moment to welcome them to their new home in paradise!

Oh, one more thing.....should I be worried I'm training my replacement? LOL!!! No, really....should I?

Moosehaven, where every day is "Another Day in Paradise!"

Marina D. Mathews
Director of Admissions
Moose Life Traditional Program

BILL'S BOARD

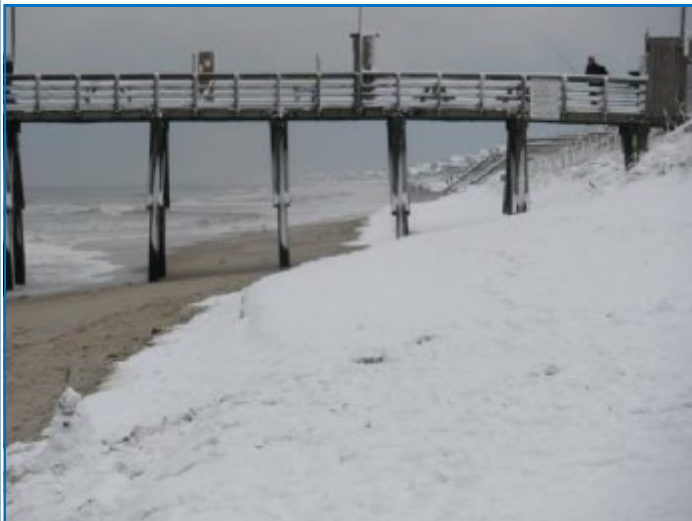
On a predawn flight from Jacksonville to Dallas and then on to Little Rock I was sitting back in my seat as the flight reached cruising altitude and leveled off. I looked out the window and was startled to see nothing but water. We were not supposed to be flying over the ocean. I was confused and a little concerned. Very slowly it dawned on me that I was looking down at a vast expanse of wavy clouds. I sat back and chuckled about how my mind tricked me. It is not normal to look out in the dark and see nothing but the tops of wavy clouds; however living in Florida there have been hundreds of times I looked out at waves on the ocean. My mind changed what I was seeing to something more normal for me. It created an interpretation of the visual images based on my personal experiences. About 30 minutes later I looked through the window again and saw the ocean. It only took a few seconds this time to realize what had happened, but even knowing I was looking at clouds a short period earlier my brain continued to see waves on the ocean at first glance. This is not the only time my mind has misinterpreted images that in retrospect should have been obvious.

On December 27th several years ago I was helping my brother move into his condo on Long Beach, New York. After a long two days of travel and effort I went out on his balcony to enjoy the view at dusk. I could not help but comment on how beautiful the bright white sand on the beach was. I waxed poetic about the sugar sand even whiter than the Florida panhandle. I was dazzled. It took several minutes, aided by the unrestrained laughter of my brother, for me to realize I was looking at snow on the beach reaching down to the high tide mark. Even though it snowed on us for the two previous days a life time as a southern boy and 15 years in Florida conditioned me to see sand by the ocean not snow; a lifetime of conditioning overrode two days of knowledge. This process of changing images to fit something familiar is very powerful.

Interestingly it really does not take much conditioning to affect our perceptions.

A year or so back I watched a television show I think was called Mind Games. They instructed the viewers to very carefully watch a dance group on stage. There were several figures dressed in red and two figures dressed in dark colors. The viewers were to count how many times the darker figures moved into a circle in the middle of the stage. The music played and the figures began to dance and quickly move in intricate patterns across the stage. It was very hard to follow and I had to concentrate. At the end they told us how many times the darker figures entered the circle; I was off by 3. Then they asked did you see the guy dressed as a penguin go through the circle? Did you see the guy dressed as a rabbit? What? Penguins and rabbits - no way - there was none of that. Then they slowed the tape down and there they were walking right out one at a time. I never saw them and the show said most people never do. I was so busy looking for the thing I was instructed to find I never saw something else that should have been obvious.

In his book *The Eighth Habit: From Effectiveness to Greatness* Stephen Covey describes an exercise that shows how easily we are preconditioned. One group is shown a figure of a caricature playing saxophone and another group a picture of a woman in shadow. Each group sees their picture for only a few seconds. Both groups are then shown a composite of the two pictures that contains both images. In most cases each group only sees the picture they were originally shown and cannot see the other image. In some cases they actually argue that the other image is not there. The exercise shows that it only takes a few seconds to condition your mind to see things in a particular way. It is fairly easy to grasp how a lifetime of conditioning could change how I experience the world but apparently the same effect can be created from just one set of directions and a few seconds of exposure.



Continued.....

UP CLOSE AND PERSONAL WITH NELLIE MANNING

This month we get up close and personal with Nellie Manning. Nellie was born in Newtown, Ohio (near Cincinnati) on July 8, 1934, to Alvin and Icey Ray. Nellie was raised with six brothers and five sisters. She was the seventh child of twelve, and also had two bonus step sisters. Nellie attended Welch High School in West Virginia, and while in school, she was a cheerleader, majorette and sang in an a cappella choir.

After graduating high school, Nellie hoped to pursue a career as a nurse. Instead, she married her childhood sweetheart, Howard, and had three boys, John, Rex and Howard. Nellie and Howard were married for twenty years. After her marriage ended, she married the light of her life, Robert, in November, 2000. He was the most kind and gentle man she ever met. Sadly, Robert passed away in October, 2011.

Nellie has worked mostly in public relations and sales. In 1985, she was appointed as a Mooseheart and Moosehaven admission representative. She attended training with another Moosehaven resident, and one of her neighbors in Chancellor Two, Paul Moore. She served in that capacity until she became a resident herself in August, 2015. The last person she assisted in the process to become a Moosehaven resident was Judy Kelly.

Nellie was introduced to the fraternity by her good friend, Millie Johnson, in 1971. She has all her degrees, and in 1982, was the Deputy Grand Regent for the Washington/Maryland/Delaware Association. She currently serves as the Jr. Regent at the Opportunity Chapter here on campus.

Nellie loves all Moose sports, and was on the International Sports/Activities Committee from 1989-2014 under Vivian Borom. She particularly enjoys bowling, and was inducted into the Bowling Hall of Fame in 1985. For such an honor, she received a lovely letter from then President, Ronald Reagan. Nellie also enjoys bingo, ceramics and dancing. However, dancing has to wait right now until she recovers from a fall.

Nellie has many close friends here on campus, but is particularly close to Kathy Morris, Dottie Goekee and Joanne Fissell.

Nellie has not missed an International Convention in 40 years, and looks forward every year to seeing old friends and making new ones. Even though she highly anticipates attending this year, her main concern is returning home to her fur baby. Referred to as, "the daughter she never had," Molly is staying with family until Nellie is recovered from her fall. Upon Nellie's return from convention, the two plan to be reunited.



I so enjoyed talking with Nellie, I encourage you all to take a few minutes whenever you can and talk with our residents, they all have great life stories and lessons to impart to us. In close, I asked what advice Nellie would like to leave the next generation. She answered, "Love your family and never stop paying your Moose dues."

Angela Wood
Marketing Department

Therapy News

Spring, and especially Easter, are obvious times of re-birth. The winter chill is over and all the plants and trees have new sprouts of bright green. The weather turns warm quickly and thanks to Daylight Savings Time, the days last longer. Step outside and everything just feels new and fresh, doesn't it?

Wouldn't it be nice if we all regenerated like the trees and plants? Wouldn't it be cool if we felt new again? Well, in a way, we are given that opportunity each and every moment. Every time there is a slight turn of the dial in your perspective, you have the opportunity to look at things in a whole new way. Dr. Wayne Dyer had said "every time you change the way you look at things, the things you look at change." That is SO true!

Have you ever had a conversation with someone and they said something that changed the way you perceived them? Or maybe they relayed a personal story to you that shifted the way you remembered something from your own past and your perspective of those events changed? We are constantly being presented opportunities to take a step back and see things from a larger perspective, and every opportunity like this is a gift. It need only be a small shift and the world feels changed.

I have been taking a workshop with an artist I greatly admire these last couple of months and I have found her to be extraordinarily gifted in the way she can push me to constantly go deeper, look harder, and find what little bit I may have missed. I find I have been able to turn the dial just a little bit and everything I thought I knew about myself or my experiences feels changed. I am blessed to have this guide, but it is never too late for us to be able to look deeply within and do this for ourselves.

We each have so very much to offer. There is no exception. We each can be born anew with the simplest shift in perspective, the smallest turn of the dial. And we are each beautiful gifts from God, just waiting to be recognized in the mirror.

Jennifer Bothast, COTA
Moosehaven/Rehab Director



Perspective...

Bill's Board Continued....

Our conditioning has a very powerful effect on how we interpret the world around us. Not just what we see and hear but what we believe. It changes not only what we experience but how we react to it. For example I would have been in for a rude shock if I had run down to the beach for a barefoot walk in the beautiful white sand I saw in New York. People will argue over unimportant things such as what images are contained in a picture. How much more so for things we actually believe to be important.

It is important to realize that we are being conditioned every day by family, teachers, coaches, sergeants, coworkers and friends. But we are also conditioned daily by the news you watch on TV, the music you listen to, what you read, sports shows and sitcoms all provide levels of conditioning. The people you spend time with and share views with have a very powerful conditioning effect. You become more sensitive or less sensitive to things like violence, sexuality, moral values and political scandal. Be aware that others are influencing how you see the world whether they intend to or not. Be very aware that sometimes, like mass media, they intend to. Choose positive influences that match your thinking in TV, music, news, etc. But most importantly, choose who you spend your time with. Listening to negative people, complainers, and haters will condition you toward these things. Our minds are wired to see what we expect to see especially when we are specifically looking for it. My grandmother always said, "If you lay down with dogs you will get up with fleas."

*Bill Tippins, Chief of Operations
Life Care Administrator*



New Life Admissions at Brandon Place

As temperatures increase, so does the interest in the St Johns Apartments. Already two homes are occupied, with an additional two on deposit reservation. With the ability to go online and virtually tour our campus, seniors from as far away as Arizona have fallen in love with our St Johns Apartments, and now call Moosehaven home.

With the redesign of our website and Facebook page, visitors can virtually tour our campus, learn about its many amenities, features and services, as well as keep abreast of campus events. To give visitors a more in-depth insight, daily updates on Facebook provide pictures and notifications of day-to-day life at Moosehaven. What a great way to stay connected and learn about the unique retirement lifestyle Moosehaven has to offer.

Stay informed of community events, our admission programs and availability, or changes on the Moosehaven campus by following our Facebook page at: www.facebook.com/CityofContentment or by logging into our website at www.Moosehaven.org. You'll quickly learn why others are so intrigued by our lifestyle, and what makes Moosehaven such a hot commodity.

***Gini Turner
Marketing Director***

Raise The Roof...Hard Hat Awards

We recognize residents and staff who go over and above and who, in their own way, are helping raise our roof by giving them their own hard hat award.

- ⇒ **Trudi Puda, Resident**, is recognized for helping residents with their packages after shopping trips.
- ⇒ **Brenda Jewell, Activities Director, Life Care**, would like to say a HUGE thank you for the support and appreciation she receives from the residents at Moosehaven.
- ⇒ **Kirk West, Campus Nurse**, would like to say the following: "I would like to take this time to thank all of my Moosehaven family and friends for uplifting me in a time of deep sorrow. Your condolences, cards, kind words, hugs, handshakes and most of all your prayers are very much appreciated. Words cannot express the love that you have bestowed upon me. I ask that you all keep me and my other family in your prayers. Thank you all and may God continue to bless you forever and a day.
- ⇒ **Judy Emami, Tina Clark, Maria Kingston, Elizabeth Evans, and Angela Wood** are recognized for tremendous teamwork during Angela's transition to Marketing and Elizabeth's onboarding in Finance.

If you would like to add someone's name for our Raise The Roof column, please contact Marina Mathews, Director of Admissions at x1214 or Helen Taylor at x1217.

Resident Birthdays In April!

Thomas Allen	Sandra Balestracci	Brenda Barclay	Bessie Buhr
Elsie Fifer	Charles Huston	Edith Layton	Glennah McClain
Nick Mehrstens	Herbert Phillips	Norma Rainard	Adah Reed
Kenneth Rowden	Dorothy Sokol	Philip Stack	Hinson Stephens

Resident Anniversaries In April!

Cager and Pat Campbell Bill and Phyllis Engle Bill and Maggie Lazuka

Make sure you visit the Moosehaven website where you can see information about all of our Upcoming Events and Campus News. Copies of the monthly newsletter are also kept on the website under the Moosehaven News page!

MOOSEHAVEN.ORG



Be sure and visit **YouTube.com** and search Moosehaven to see promotional videos about Moosehaven.

It's your future, your retirement so be sure to check us out! You can also visit www.moosehaven.org or for more information.

Facebook

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You can find all the latest news on our Heart Of The Community Events